



Wellness Panel Blood Draw Best Practices

Imperium Wellness Panel Blood Draw Supplies

- The items below are what you will need to COLLECT a complete blood draw sample.
 - ☐ 2 SST Tiger (black/red) vials
 - ☐ 1 Lavender EDTA vial
 - ☐ 1 21 Gauge needle
 - ☐ 1 Needle Guard
 - ☐ 1 Alcohol prep
 - ☐ 1 Tourniquet
 - ☐ 1 Band Aid

Imperium Wellness Panel Collection Instructions

- **Collection Tubes**

- **For Complete Female and Male Wellness Panel**

Collect blood from patient using the Tiger Top (Black and Red) Serum Separator Tubes (test requires a minimum of 4ml for each tube).

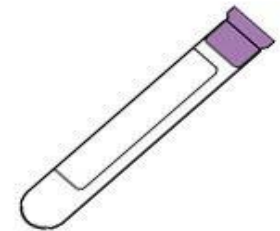
Draw a total of 2 (two) tubes



- **For CBC (Diff/Pit) Pane**

Collect whole blood from patient using LAVENDER EDTA tube. (test requires a minimum of 2ml)

Draw a total of 1 (one) tube



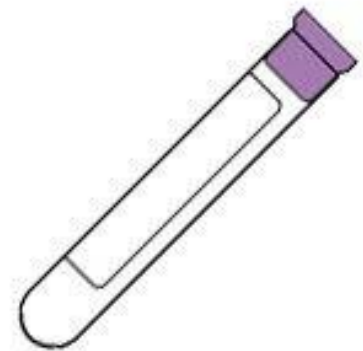
Imperium Wellness Panel Collection Instructions

- **Collection Instructions**
- **Complete Male and Female Wellness Panels, Metabolic Panel and Lipid Panel**
 - Make sure to place completed label onto collection tube
 - Do NOT spin immediately
 - Invert the tube 4-5 times to activate the silicon and begin clotting process
 - With a permanent marker , label EACH tube with the patients DOB, last and first name, and an identifier such as a medical reference number or SSN
 - Let tube sit for 10-15 minutes to allow samples to clot. Sample must be spun within an hour of collection. Centrifuge sample for 15 minutes at 2,500 RPM's to achieve complete separation of blood cells and serum.
 - Refrigerate sample (2c-8c) until ready to pack for shipment



Imperium Wellness Panel Collection Instructions

- **Collection Instructions for CBC**
 - Collect sample in LAVENDER EDTA tube.
 - Immediately invert 8-10 times after draw.
 - Do NOT spin Sample
 - With a permanent marker or label, mark each tube with the patient's DOB, last and first name, and an identifier such as reference number or SSN.
 - Store at ROOM Temperature



Imperium Wellness Panel Shipping Instructions

- **Wellness Sample Shipping**

Pack the sample for shipment using the kit supplied by Imperium in the steps below

- ① Insert each specimen (s) into the Primex biohazard bag
- ② Place the patients completed requisition form, consent, demographic info sheet, copy of their insurance card and information in the outer sleeve of the biohazard bag that contains the tubes
- ③ Place the sample (s) in the box and make sure all items are secure (use filler if needed)
- ④ Place 1-2 frozen Cool packs (2 if more than 5 samples) on top.
- ⑤ Place additional filler on top of Cool pack to inhibit shifting and seal the box.
- ⑥ Place pre-paid shipping label on outside of the box
- ⑦ Arrange for FED EX pickup for shipment to lab that same day